

1215



Bank Holiday Monday 25th May 1998
1.00 pm - 5.00 pm
Kews Meadow, Workhouse Lane, East Meon

PROGRAMME

Tickets to the Country Fair:
£1.50 a head including this programme.
50p for children aged 2 - 16, OAPs and disabled.
Car parking free.

This programme is your ticket to the Country Fair. Your lucky programme number may win a prize in the draw at 4.30pm.



The EarthWorks Trust is now officially open after the first phase of completion last autumn. The aim is to become one of the UK's most important centres for environmental management, research, education and training. The site on which the Centre is built will gradually be re-landscaped, protecting chalk grassland, and creating new habitats to maximise biodiversity. Other areas will be used to demonstrate sustainable forms of food production, recycling and ecologically sound energy technologies.

Our first series of courses and events, aimed to encourage a more active role in environmental conservation, will start from late May. They will give people the opportunity to explore some of the ideas involved in sustainability and offer practical hands on experience from experts in the field.

Beginning the season you are invited to construct your very own eco-shelter, a 'green building' made almost entirely from natural materials. Our Introduction to Permaculture teaches you how to live in a more environmentally friendly way, working with nature, and the Forest Gardening course reveals the tricks of the 'good life', creating a food producing garden, based on the model of a natural woodland or forest. It is very low maintenance, so your main task is picking the finished product. Tuition prices start from £60 for the weekend, with substantial reductions for the unwaged.

We are located between Clanfield and East Meon, on the former HMS Mercury site. Quietly nestled amongst the peaceful hills of the South Downs, it would be difficult to find a more idyllic location.

Emily Preston, the Centre's Communications Officer said 'members of the local community are most welcome to come and pay us a visit at any time to view the Centre and its grounds. Just phone to book a visit and take a quiet walk around the grounds or along the South Downs way which runs along our northern boundary'. Alternatively, perhaps you may like to visit us for our very own Country Craft Day, to be held on 9th August. Entry is free and there is sure to be plenty of interest to see and do on the day.

Anyone interested in any of the events listed or the work of the Centre should contact Emily Preston on 01730 823005.



SUPREME SAUSAGE CHAMPION

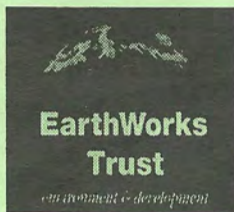
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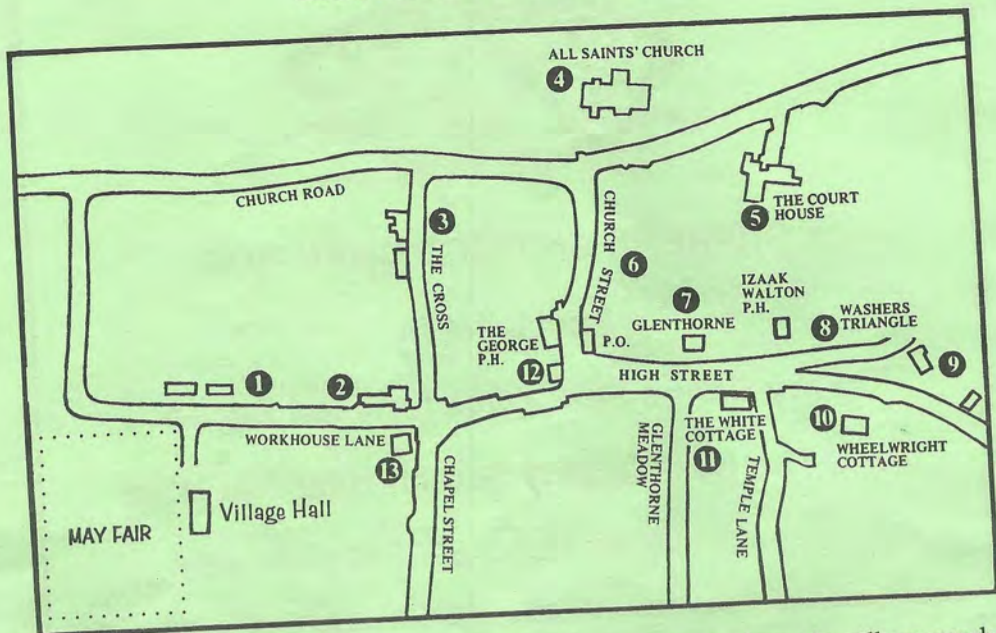
01730 823005



**Country Craft Day 9th August
ENTRY FREE!**

Craft stalls, raffle, tours and trails, plants, birds and animals.
All the family welcome!

A SHORT WALK-ROUND GUIDE TO EAST MEON VILLAGE



1. **WORKHOUSE LANE** derives its name from a former homely village workhouse far removed from the grim forbidding Victorian "Unions" built in the 1830's. East Meon's workhouse, adapted from a pair or terrace of old thatched cottages, perhaps similar to those opposite the Village Hall, existed as early as the 1720's and was destroyed by fire in 1910.

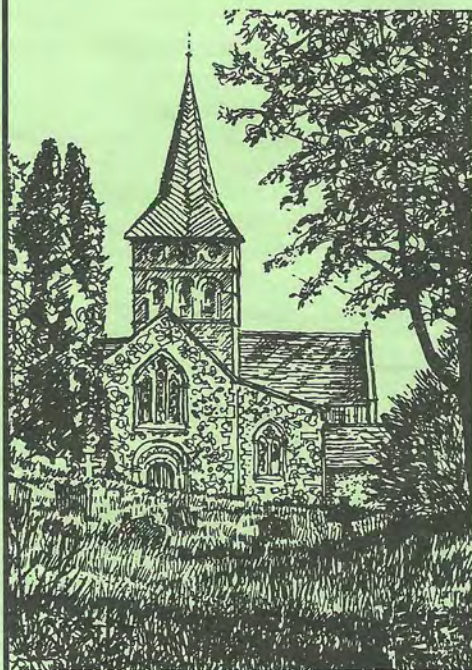


2. **THE TUDOR HOUSE** is one of the oldest houses in the village and lavish use of oak timbers in its construction (at a time when oak was comparatively scarce and expensive) seems to indicate a wealthy builder.



A SHORT WALK-ROUND GUIDE TO EAST MEON VILLAGE (Continued)

3. The quiet, narrow little road called **THE CROSS** has few houses, but these include the timber-framed "Cross Cottages" (formerly "The Angel Inn"), harmoniously contrasting with the adjacent Georgian "Cross Keys" and "Vicarage Lodge".



4. **ALL SAINTS' CHURCH** is a splendid and imposing Norman church probably built between 1075 and 1150, with a magnificent black marble font. Leaflets obtainable within the church provide much interesting information; and the north transept houses an exhibition of photographs and extracts from historic documents.

5. From the Churchyard one can glimpse, on the opposite side of the road, the **COURT HOUSE**, including a fine medieval hall dated to the mid or late 14th Century. This was the administrative centre of the Mayor of East Meon, owned for many hundreds of years by the Bishops of Winchester, who were the largest landowners in Southern England.



Rose Petal Jelly

You will need more than one mature rose bush to make it. As you pick so many blooms, remind yourself how wasted they will be as all the fragrant petals fall steadily to the ground if you leave them in the garden.

27 red roses, approx. 85g (3oz) petals
425 ml (3/4 pint) cold water
100 ml (4 fl oz) liquid pectin

Juice 1/2 lemon
900g (2lb) sugar

Lay the flowers on a chopping board, slicing across the base of each where you see the beginnings of the white 'heels'. With these removed, check for insects, and put the petals into an enamel or preserving pan with the water. Set on a low heat for 30 minutes with the lid on. If the infusion bubbles noisily the heat is too high. It should merely steep. Check at intervals.

Set the pan aside and leave the petals steeping as they cool for 2 hours. At this point you will find they are limp and white, having given all their fragrance and colour to the liquid. Prepare 3 jars as for jellies and keep these warm. Strain out the rose petals, squeezing them well and add the juice of 1/2 a lemon. Return this liquor to the pan and set it over a low heat. Very slowly dissolve in the sugar, stirring all the time. Turn up the heat and when a boil is reached, stir in the liquid pectin. Boil rapidly for 2 minutes and pour into the ready prepared jars. Seal and label.

Note: if liked, more red rose petals can be added to the jelly after the liquid pectin and left in the finished preserve.

(Extracted from Herb Sufficient Christine Stapley Heartsease Books '98)



Keats, John Dowler

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A SHORT WALK-ROUND GUIDE TO EAST MEON VILLAGE (Continued)

6. **CHURCH STREET** leading towards High Street, has remained almost unchanged for 130 years. It owes its charm to the combined appeal of "The George", Post Office "The White House" and "Church Cottage" (all 18th Century, the latter Queen Anne), and to the original Victorian five Almhouse Cottages and Edwardian bungalow pair opposite.



Turning left into the **HIGH STREET**, with the River Meon flowing between the road and a wide footway, it is easy to believe that in bygone times the stream may have been diverted to flow along its present course, thereby acting as a primitive sewer. Prior to 1955, disastrous flooding occurred when the river periodically overflowed.



7. Among the many varied and attractive dwellings on the north side of High Street, "**GLENTHORNE**" is an excellent William and Mary example of a substantial village house. The adjacent Georgian facaded houses play an important part in the streetscape.

8. Immediately beyond the "**IZAACK WALTON**" still on the north side of the High Street, three thatched 16th Century cottages face the river and a diminutive "village green" called "**WASHERS TRIANGLE**" - a curious name that may have originated as a place where women once did their weekly wash.





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ARENA EVENTS

1.00 pm Gates Open

1.15pm School Gym Display

1.30 pm Gun Dog Display

2.00 pm Morris Dancing

2.30 pm Falconry Display

3.00 pm Morris Dancing

3.30pm Sheep Dog Display

4.00pm Tug of War Competition

4.30 pm Main Draw

5.00pm Close



CONTINUOUS ACTIVITIES

Horse Shoeing

Sheep Shearing

Beer Drinking

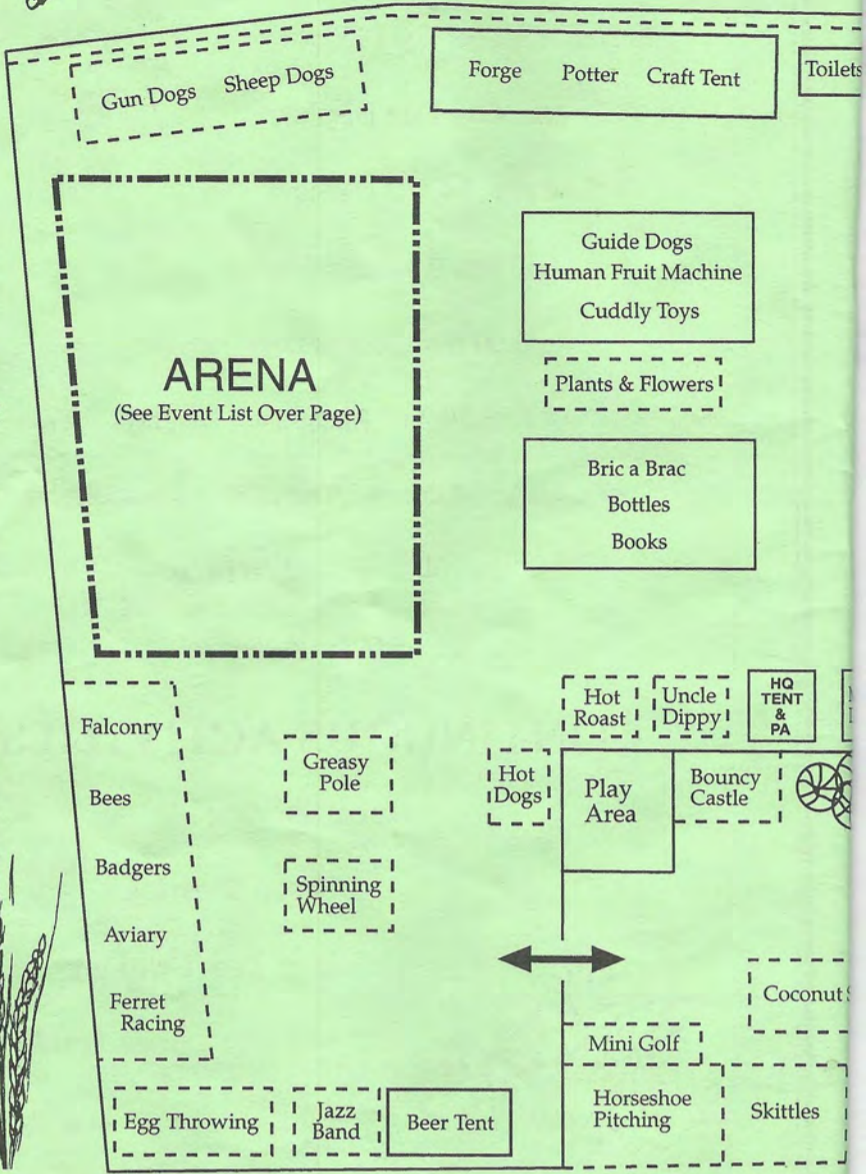
Brass Band

Jazz Band



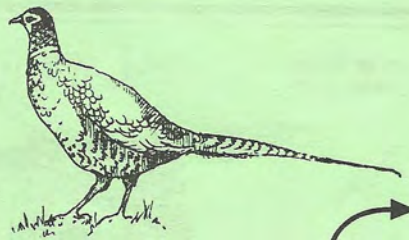


EAST MEON CO



Plan by JAN Croft of East Meon

COUNTRY FAIR



Farm Animals
Sheep Shearing

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Ice Cream

CAR PARK

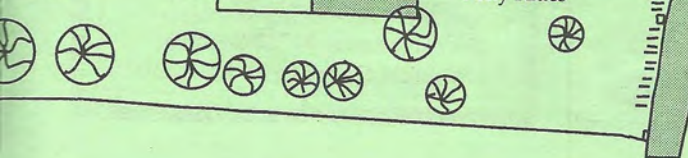
in w
VILLAGE HALL

Brass Band
RED CROSS
Toilets
Face Painting
Tombola
Cakes
Teas

PAY ENTRANCE

Pony Rides

Work House Lane



To Car Park

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Rose Arbour Pot-Pourri

Added perfume from pot-pourri will enrich a warm atmosphere. If you are already harvesting and drying herb flowers and foliage through the year, you will have a ready supply of ingredients stored in boxes with a little silica gel to keep them dry, or in brown paper sacks or screwtop jars. Pot-pourri requires a curing time of 6 weeks before it is set in bowls or pots to be opened for a short period each day. The following recipe is worth the wait. The sooner you mix the ingredients, the sooner you will be enjoying it. The recipe is sweet and rich.

- 4 cups heavily scented rose petal*
- 2 cups rose geranium leaves (these may be removed brown and crisp from the plants on the windowsill)*
- 1 stick cinnamon (broken into small pieces)*
- 1/4 cup eau-de-cologne mint leaves*
- 3 tablespoons marjoram*
- 1 tablespoon ground calamus or orris root*
- 1/2 tablespoon star anise pods and seeds*
- 1/4 teaspoon vanilla perfume or extract*
- 4 drops essential oil of rose geranium*



Mix the dried flowers and leaves together in a bowl. Add the spices and fixative root (available from healthfood shops). Stir well together. Pour in the vanilla perfume or extract, or torn vanilla seed pod. Lastly add the oil of geranium one drop at a time. Spoon the mix into a screwtop jar and seal, placing the jar in a warm, dark cupboard for 6 weeks to 'cure'. At the end of this time the perfumes will have blended together and the pot-pourri will be ready to set in a covered dish which is only opened to the light and air for an hour each day. Set the bowl in a warm place where the airflow will waft the fragrance about the room. Replace the lid.

(Extract from Herb Sufficient. Christina Stapley. Heartsease Books '98)

A SHORT WALK-ROUND GUIDE TO EAST MEON VILLAGE (Continued)



a butchers before 1957 - perhaps for hundreds of years.

10. Retracing our steps down High Street gives an opportunity to note buildings on its south side, including "WHEELWRIGHT COTTAGE" whose Georgian style facade hides an earlier interior, and 11, the thatched "WHITE COTTAGE" once the home of village horse and waggon carrier Noble White.

12. At the junction of High Street and Church Street "CORNER COTTAGE", formerly thatched, luckily escaped destruction in East Meon's great fire of 1910, when six cottages opposite were destroyed. A 'human chain' of villagers passing buckets of water from the river to its roof saved the day.



9. A few yards further along the road is a group of ancient buildings, **TWO HOUSES AND A SHOP**, all possibly dating to the 14th Century, their layout so arranged as to suggest a former street and river crossing (either a bridge or a ford). Cottage-type dwellings of such an early date are rare in Hampshire. The shop was used as



13. Entering The Square (where High Street ends), "HEYCROFT HOUSE", at the junction of Chapel Street and Workhouse Lane, reveals much of its 16th Century timber framing, with attractive herringbone brick infilling to its eastern elevation.

It is hoped that this brief guide has proved interesting, though there are numerous other buildings and features in East Meon and in the nearby hamlet of Frogmore, worthy of attention if time allows.

The houses described in this guide are private and are not open to the public.



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GRAND RAFFLE

The draw for the Grand Raffle will be made during the course of the afternoon with the top prize ticket being drawn at about 4.30 pm. You can buy tickets up until then at the Headquarters tent (see map on centre pages) or from individual sellers who will be circulating throughout the afternoon.

Details of winning tickets will be posted on a board at the HQ tent and announced on the tannoy.

The Lucky Programme Draw will take place immediately following the Grand Raffle.

Don't miss out on the chance to win!

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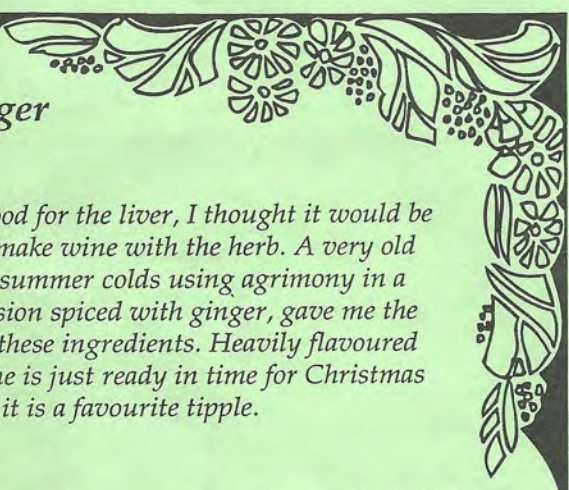
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Agrimony and Ginger Wine

Since agrimony is good for the liver, I thought it would be a healthy choice to make wine with the herb. A very old recipe for treating summer colds using agrimony in a lemonade type infusion spiced with ginger, gave me the idea for combining these ingredients. Heavily flavoured with ginger, the wine is just ready in time for Christmas when it is a favourite tippie.

You will need:

4 cups of washed, chopped agrimony leaves (gathered as the first flowers open)


50g (2oz) fresh root ginger, coarsely grated
1.35kg (3lb) sugar 25g (1oz) fresh bakers yeast
3 tablespoons chopped raisins 1 slice bread, toasted
4 lemons 4.5 litres (8 pints) water
1 orange

Add 2.8 litres (5 pints) cold water to the leaves and ginger in a large preserving pan. Bring slowly to simmer and keep simmering for about 20 minutes, when the liquor will have turned a darker colour.

Thinly peel the rind of the lemons and orange (no pith) into the fermenting bin. Add the sugar and juice of the fruits. Strain and measure the agrimony decoction, pouring this over and stirring to dissolve the sugar. Make the quantity of liquid up to 4.5 litres (8 pints) with boiling water. Stir and cover. When the must has cooled to blood heat, float the yeast on toast on the top and leave, covered, for 24 hours. Remove the toast and yeast and stir. Add the chopped raisins. Keep in a warm temperature 21°C (70°F). Stir night and morning for 10 days.

Strain or syphon into a sterilised demi-john. Set the labelled demi-john in a warm place until it stops fermenting. Bottle the wine.

(Extracted from Herb Sufficient.
Christina Stapley. Heartsease Books '98)



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